



## Emergency go kit

Purpose: to create an emergency response kit for a first responder (criminal justice, firefighter, etc.) Might prepare and deploy in a personal vehicle, squad car or other location not regularly stocked with a medical kit of any kind. The responder would deploy this kit for a 12-hour operational period, with the possibility of an extended or overnight stay.

Description of event: the deployment changes for each year and shall be announced at the beginning of the State Leadership Conference. FPSA will provide the chapter with a backpack style container for their supplies.

Limit: 1 entry per chapter

Dress code: appropriate dress to include business attire, chapter uniform or other attire appropriate for the competition, or as directed by your chapter advisor.

### Rules

Contents of the kit must include (but are not limited to):

1. The kit shall include (but is not limited to) first aid supplies, food/water, technology or supplies needed for the specific mission.
2. FPSA will provide each chapter with a backpack style container for the competition. Chapters may not use their own containers.
3. The kit shall include a contents list of included items, and a written justification of why each item was chosen and for what purpose it will be used.
4. There shall not be more than 20 listed items in the kit. Multi-packs such as a package of 20 crackers or box of crayons count as one item.
5. No weapons of any kind may be included in the kit. Multi-tools with knives are also forbidden.
6. Facsimiles of expensive items, such as GPS, phones or thermal imaging cameras may be used, however they must be the approximate mass and size of a real unit for space limitation challenges. No items or technology can be invented for the competition (example: device that creates water from sand)
7. Kits shall be judged on the presence and written justification for the following category groups for yourself and the patient found:
  - o Food and water
  - o First aid supplies
  - o Survival supplies
  - o Technology

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- o Navigation resources
  - o Written justification for inclusion
8. Kits must be turned in by Date and time given at SLC

Required personnel:

1 judge  
Judges score sheets

Facilities and equipment:

1 room  
1 table  
1 chair



## Emergency Go Kit

### Judge's Winner Sheet

1st Place School

Team

2<sup>nd</sup> Place School

Team

3<sup>rd</sup> Place School

Team

4<sup>th</sup> Place School

Team

5<sup>th</sup> Place School

Team

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## Emergency Go Kit Scoring Guidelines

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Score

Items and written justification	16-20	Good 10-15	Fair 5-9	Poor 0-4	Score
Food and water	Well thought out quality and plan of food and water for both rescuer and victim	Food and water for rescuer and patient	Food or water is present, however not sufficient for an extended operational period	A lack of adequate food or water is included in the kit	_____
First aid supplies	Excellent choice of supplies to handle most traumatic or medical emergencies	Good collection of medical supplies needed for a trauma or medical emergency	Items included for a limited type of emergency	Little or no supplies included, or lacking obvious needs to handle even a minor emergency	_____
Survival supplies	Innovative group of supplies to improvise as necessary to survive for an extended period; great description of how items could be used	Survival supplies are included, however written justification does not adequately explain what or how the supplies will be used	Few supplies are included; written explanation not adequately described or misleading to the responder for use	Few or no survival supplies are included; lacking though on how or why survival supplies are needed or used	_____
Technology	Innovative technology included in the kit; realistic inclusion and explanation included on how and why the technology will be used	Technology is included; good description of how technology would be used	Technology is included; written description is not adequate on how or why the technology will be included or used	Technology not included or wrong information about an included technology misrepresented	_____
Navigation	Multiple navigation tools and equipment with back-up or redundant equipment and supplies, batteries, maps, etc.	At least one navigation tool is included in the kit with adequate written description, with at least one back-up plan	Some sort of map or navigation included in the kit, however written description lacking adequate explanation	Missing usable navigation equipment or maps, poor or misleading description of use of navigation tools; misrepresentation of the size or mass of the tool	_____
Ergonomic design	( ) total weight of the pack is the lightest, most organized and easiest to carry by the rescuer				_____
				Total score	_____

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